

United States Fight League Pankration Black Belt Certification

Based on Training, Officiating & Competitive accomplishments

Points Matrix:

150 Points are needed to qualify for Black Belt Certification

Earning Criteria used to determine points:

Section 1 - Training Experience

Section 2 - Referee Experience

Section 3 - Competitive Experience

Total Score must include a combination of 2 or more sections for any belt ranking.

Work Sheet – Email jfrank128@cox.net if any questions

• **SECTION 1: Martial Arts Training:**

*Formal training under a Martial Arts Instructor or Coach.

* Includes all traditional and moderns forms of Martial Arts, Wrestling and Boxing.

Time in Training:

5 points – for every year trained. Two or more sessions per week (averaged)

10 points – for every year trained. Four or more sessions per week (averaged)

*Deduct 1 point for each year of training under the age of 12 and 2 points for every year under the age of 7

Points: _____

ADD:

5 points – for every year performed as an assistant Instructor or Coach

15 points - for every year performed as a head Instructor or Coach

Points: _____

Total Training Points (Maximum of 100 points earned) _____

• **SECTION 2: Referee Training and Experience**

10 points – Received formal referee training.

Add: 20 points – Worked as a referee for three or more sanctioned events.

Add: 20 points – “A” Level or Chief Referee.

Total Referee Points (Maximum of 50 points can be used) _____

• **SECTION 3: Tournament Experience**

**Only sanctioned Pankration, Combat Grappling and MMA tournaments can be used. This includes all tournaments under Fightleague, USAFPA, USACGA, FILA, IFPA and all International affiliated organizations. Individual bouts and All Star Matches cannot be used. Grappling or Jiujitsu tournaments do not apply.*

Sanctioned Pankration , Combat Grappling or MMA Tournaments:

Part 1: Tournament Placing:

1st place = 15 points

2nd place = 10 points

3rd place = 8 points

4th place = 5 points (Can only be used if listed in official results)

*Deduct 50% if competed in beginner or intermediate division if tournament had multiple skill divisions.

Part 2: Add: (Can only be used if actual amount of competitors are shown in tournament results.)

15 points – if weight class had 15 or more competitors

10 points – if weight class had 10 – 14 competitors

5 points – if weight class had 6 – 10 competitors

Part 3: Add:

25 points – FILA World level Championship Tournament

15 points – Multi National level Tournament (ex Pan Am, Pan Pacific, Euro Championships..)

10 points – National level Championship Tournament

5 points – State or Regional (multi state) level Championship Tournament

A copy of the published tournament results is required for all non Fightleague.org events

Tally Tournament Points Here

Name and Date of Tournament: Part 1: Part 2: Part 3: TOTAL:

1)

2)

3)

4)

5)

6)

7)

8)

9)

TOTAL COMPETITION POINTS (unlimited points may be earned) _____

• **TOTAL POINTS TALLY:** _____

Applicants 15 years & under are “Junior Black Belts” eligible to apply for automatic update on 16th birthday.

150 points are needed for Black Belt (Points must be a combination of at least two sections)

Points from Section 1 _____ (Maximum of 100)

Points from Section 2 _____ (Maximum of 50)

Points from Section 3 _____ (No maximum limit)

Tournament experience points must be verified by a USFL board member. Applicants may be responsible to provide proof of results if not listed on www.fightleague.org web site.

INSTRUCTOR RANKINGS

- Black Belt Coaches who produce three Black Belts are awarded Senior Instructor Ranking.
- Black Belt Coaches who produce five Black Belts are awarded Master Instructor Ranking.
- Coaches who are recognized instructors or equivalent from another style or Martial Arts organization may apply for USFL cross rank of Instructor.

Instructor/Witness Certification:

** Current or most recent instructor/ coach must sign certifying all information is correct and applicant is recommended for rank advancement. Coach does not have to be a WFL Black Belt to certify.*

Signature of Applicant:

Printed Name of Applicant:

Date of Birth for Applicant:

Name of sponsoring Gym/ School:

Signature of Instructor:

Printed Name of Instructor:

Contact Info (email and Phone number):

Date of Application:

***Completed application must be either:
Faxed to 949 305-9170, Scanned to jfrank128@cox.net ,
or mailed to So Cal Pankration PO Box 451, Lake Forest, CA 92630***

There is a \$30 certification fee for Black Belt certificates. Applicants will be contacted after application is reviewed and approved for payment. Do not send money until the application is approved. Instructor certifications are free for all qualified coaches.